

## Administration of over-the-counter medications

The Camp Cadet nurse will have the following medications available. Please sign below granting your permission for any/all to be administered IF NEEDED.

### **Allergic reaction**

Diphenhydramine: Adults and children 12 years of age or older, 25 mg. every 4-6 hours

### **Burns**

First Aid Cream (minor burns only)

### **Chapped lips/minor mouth irritations**

Blistex

### **Cuts/Abrasions**

Cleanse area with soap and water, first aid cream or triple antibiotic ointment if needed

### **Cough**

Cough drops

### **Discomfort/Headache**

Acetaminophen: tablet/chewable per label weight and/or dosage instructions

Ibuprofen: tablet/chewable per label weight and/or dosage instructions

### **Eye irritation**

Sterile eye wash, saline solution rinse

### **Insect bites/stings**

Sting Kill, calamine lotion

### **Minor skin irritation**

Calamine, first aid cream or hydrocortisone cream

### **Sore throat**

Sore throat lozenges

### **Upset stomach**

Antacids (Tums), 1-2 tablets

### **Toothache**

Ora-gel or Anbesol

### **Protection from insect bites**

Insect repellent spray

### **Protection from sun burn**

Sun screen

CADET NAME: \_\_\_\_\_

PARENT/GUARDIAN NAME: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_

Date: \_\_\_\_\_

**(Return)**